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SMOKING AFTER KIDNEY TRANSPLANT? ABSOLUTELY NO!

We all know the adverse effects of cigarette smoking on our health, but some of us just don't want to think about that increased chance of dying in the far future! However, if we experience a hard time struggling with a disease, every little risk is would not be worth to take. It may seem obvious that smoking after kidney transplant does harm, but physicians need to find solid evidence for every claim. That is why Dr Nourbala and his colleagues reviewed all the literature on kidney

transplantation to find out the extent of the risk of smoking cigarette after transplant. Here are the results: the risk of death and losing the kidney increases more than 2-fold by smoking. Just take into consideration the longevity of a kidney allograft. If the probability of kidney survival after 5 years is 80%, a smoker kidney transplant recipients makes it 40%; a real jeopardy after all the troubles with dialysis, finding a donor, and transplant procedure and its costs. It is not worth

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